



October 2026

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Legend

CL - Cafe/Lounge

C - Cottage

T - Theatre

AR - Activity Room

L - Library

CY - Court Yard

B - Billiards Room

D - Dining Room

MOD - Manager On Duty Program

LEV SENIOR LIVING™

Local Vendor
Clothing Sale

1

10:00 Tai Chi with Harvey (C)

11:00 Local Vendor Fashion
Vault (CL)

2:00 Calendar Meeting with
Terri (T)

3:30 Get To Know Your
Neighbour (C)

6:30 Netflix Movie :
Halloween Theme
WEDNESDAY

Live Entertainment and
Happy Hour

2

9:45 Exercise Class with
Tiam (C)

11:00 Friendly Billiards (B)

2:00 Live Entertainment &
Happy Hour with Brad B.

3:30 Breath of Fresh Air
Walking Club

7:00 Evening TV Program in
the Theatre

Open House and
Live Entertainment

3

10:00 Morning Stretch
Virtual Exercise (C)

2:00 Live Entertainment with
Jack C. (CL)

7:00 Saturday Night Action
Movie Night Resident Choice
(T)

4

10:30 Virtual Chair
Exercises (C)
11:00 Tea & Chat with a
friend in the Cafe (CL)

1:00 Resident-Hosted
Sunday
Afternoon Billiards (B)

2:00 Sunday Afternoon
Monopoly Game in the
Cafe/Lounge

Bus Trip

5

9:30 Monday Morning Tuck
Shop Open in the Lobby

9:45 Drum Circle (C)

10:00 Outing - Shopping at
Giant Tiger

10:45 Monday Morning
Trivia with Lauren (T)

2:30 Glamour Gals Visit (C)

3:00 National Geographic
YouTube Animal
Documentary (T)

6

9:45 Exercise with Ivan (C)

10:45 Badminton Game with
Ivan

11:00 Writers' Circle Pages &
Poetry (L)

2:00 Movie Matinee (T)
Netflix Classic
Bye Bye Birdie

6:30 Tuesday Night Classic
Board Games (CL)

Bus Trip

7

9:45 Tai Chi with Ivan (C)

10:00 Outing - Visit to
Burlington Art Gallery

10:30 Wednesday Morning
Bingo (C)

2:00 Music & Memories
Karaoke Social (C)

3:00 Senior Scholars
Presentation Series with
McMaster Students (C)

Fall Country Social

8

10:00 Tai Chi with Harvey (C)

11:00 A Time to be Thankful
Program (C)

1:45 Zumba with Linn (C)

2:00 Country Music Chilli
Tasting Fall Social (CL)

3:30 Get To Know Your
Neighbour (C)

6:30 Netflix Movie :
Halloween Theme
BEETLEJUICE

Live Entertainment and
Happy Hour
Bus Trip

9

9:45 Exercise Class with
Tiam (C)

10:30 Outing - Lunch at
Swiss Chalet

11:00 Friendly Billiards (B)

2:00 Live Entertainment &
Happy Hour with Brad J.

3:30 Breath of Fresh Air
Walking Club
7:00 Evening TV Program in
the Theatre

10

10:00 Morning Stretch
Virtual Exercise (C)

2:00 Resident-Run Bridge,
Euchre & Beyond (CL)

7:00 Saturday Night Family
Movie Night Resident Choice



October 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11 10:30 Virtual Chair Exercises (C) 11:00 Tea & Chat with a friend in the Cafe (CL) 1:00 Resident-Hosted Sunday Afternoon Billiards (B) 2:00 Sunday Afternoon Monopoly Game in the Cafe/Lounge 3:00 Chapel Service (T)	12 Thanksgiving Bus Trip 9:30 Monday Morning Tuck Shop Open in the Lobby (L) 9:45 Drum Circle (C) 10:00 Outing - Morning Scenic Drive 10:45 Monday Morning Word Game with Lauren (T) 2:00 MOD Program Fall Craft Activity Pumpkin Centre Pieces (CL)	13 9:45 Exercise with Ivan (C) 10:45 Badminton Game with Ivan (C) 11:00 Writers' Circle Pages & Poetry (L) 2:00 Tuesday Afternoon BINGO (C) 3:30 Java Music Club (C) 6:30 Tuesday Night Classic Board Games (CL)	14 Bus Trip 9:45 Tai Chi with Ivan (C) 10:45 Virtual Exercise (C) 1:30 Outing - Cambridge Butterfly Conservatory 3:00 Senior Scholars Presentation Series with McMaster Students (C) 6:30 Steel City Wheelers Square Dance (C)	15 Food Meeting 10:00 Tai Chi with Harvey (C) 11:00 Scents & Scribbles (C) 2:00 Food Meeting (C) 3:30 Get To Know Your Neighbour (C) 6:30 Netflix Movie : Halloween Theme Night At The Museum	16 Live Entertainment Bus Trip 9:45 Exercise Class with Tiam (C) 11:00 Friendly Billiards (B) 2:00 Live Entertainment and Happy Hour with Paula F. 3:30 Breath of Fresh Air Walking Club	17 10:00 Morning Stretch Virtual Exercise (C) 2:00 Resident-Run Bridge, Euchre & Beyond (CL) 2:30 MOD Program (CL) 7:00 Saturday Night Romance Movie Night Resident Choice
18 10:30 Virtual Chair Exercises (C) 11:00 Tea & Chat with a friend in the Cafe (CL) 1:00 Resident-Hosted Sunday Afternoon Billiards (B) 2:00 Sunday Afternoon Monopoly Game in the Cafe/Lounge	19 Bus Trip 9:30 Monday Morning Tuck Shop Open in the Lobby (L) 9:45 Drum Circle (C) 10:00 Outing - Shopping at Walmart 10:45 Monday Morning Trivia with Lauren (T) 2:00 Sweet Treat Apple Dipping Social (CL) 3:00 Harmony & Hearts Singing Club (C) 6:45 Kiwanis TV BINGO (CL)	20 9:45 Exercise with Ivan (C) 10:45 Badminton Game with Ivan (C) 11:00 Writers' Circle Pages & Poetry (L) 2:00 Tuesday Afternoon BINGO (C) 3:30 Java Music Club (C) 6:30 Tuesday Night Classic Board Games (CL)	21 Bus Trip 9:45 Tai Chi with Ivan (C) 10:45 Virtual Exercise (C) 10:00 Outing - Fall Floral Mum Show Gage Park 2:00 Music & Memories Karaoke Social (C) 3:00 Senior Scholars Presentation Series with McMaster Students (C)	22 10:00 Tai Chi with Harvey (C) 10:30 Outing - Walk to Starbucks 1:30 Zumba with Linn (T) 2:30 Book Club (L) 3:30 Get To Know Your Neighbour (C) 6:30 Netflix Movie : Halloween Theme Ghost Busters	23 Live Entertainment and Birthday Celebration 9:45 Exercise Class with Tiam (C) 10:00 Outing - Shopping at Value Village 11:00 Friendly Billiards (B) 2:00 Live Entertainment & Birthday Celebration with Jim K. 3:30 Breath of Fresh Air Walking Club	24 10:00 Morning Stretch Virtual Exercise (C) 2:00 Resident-Run Bridge, Euchre & Beyond (CL) 2:30 MOD Program (CL) 7:00 Saturday Night Comedy Movie Night Resident Choice
25 10:30 Virtual Chair Exercises (C) 11:00 Tea & Chat with a friend in the Cafe (CL) 1:00 Resident-Hosted Sunday Afternoon Billiards (B) 2:00 Sunday Afternoon Monopoly Game in the Cafe/Lounge	26 Bus Trip 9:30 Monday Morning Tuck Shop Open in the Lobby 9:45 Drum Circle (C) 10:00 Outing - Shopping & Lunch Eastgate Square 10:45 Monday Morning Word Game with Lauren (T) 3:00 Harmony & Hearts Singing Club (C) 6:45 Kiwanis TV BINGO (CL)	27 9:45 Exercise with Ivan (C) 10:45 Badminton Game with Ivan (C) 11:00 Writers' Circle Pages & Poetry (L) 2:00 Tuesday Afternoon BINGO (C) 3:30 Java Music Club (C) 6:30 Tuesday Night Classic Board Games (CL)	28 Bus Trip 9:45 Tai Chi with Ivan (C) 10:00 Outing - Scenic Country Drive 10:45 Virtual Exercise (C) 2:00 Music & Memories Karaoke Social (C) 3:00 Senior Scholars Presentation Series with McMaster Students (C) 6:30 Steel City Wheelers Square Dance (C)	29 Town Hall Flu Clinic 9:30 Fall Flu & Covid Clinic (T) 10:00 Tai Chi with Harvey (C) 11:00 Scents & Scribbles (C) 2:00 Town Hall (C) 3:30 Get To Know Your Neighbour (C) 6:30 Netflix Movie : Halloween Theme Hubie Halloween	30 Live Entertainment A Costume Contest 9:45 Exercise Class with Tiam (C) 11:00 Friendly Billiards(B) 1:45 Halloween Costume Contest Staff & Residents 2:00 Live Entertainment and Happy Hour Halloween Bash with Natalie M. 3:30 Breath of Fresh Air Walking Club	31 Happy Halloween 10:00 Morning Stretch Virtual Exercise (C) 2:00 Resident-Run Bridge, Euchre & Beyond (CL) 2:30 MOD Program Spooky Cinema Social (T) 6:30 Halloween Trick or Treats at the Front Desk