

CAROLINE PLACE TEAM

Nathan Silveira
General Manager

Vonnie Phonthaphanh
Office Manager

Natalie Sankar
Director of Care

Terri Ryckman
Recreation Manager

Robbie Elmer
Food Services Manager

Gary Montgomery
Environmental Services Manager

Erin Cassell & Ines Devic
Sales Manager



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CAROLINE PLACE NEWSLETTER

October 2026

Caroline Place
Retirement Residence

FROM THE GENERAL MANAGER

October is here, and with it comes another exciting month of progress and improvements at Caroline Place!

We are pleased to share that our new shower room is expected to open this month, providing an updated and more comfortable space for our residents. Our Nursing Office will also be relocating in October, helping us continue to improve the way our spaces are organized and how our team supports residents throughout the building.

Outside, we are looking forward to the installation of our new parking lot signage, which will help improve organization, accessibility and the overall arrival experience for residents, families and visitors.

There continues to be a lot happening at Caroline Place, and it is wonderful to see these projects moving from plans into reality. Thank you to our residents, families and team members for your patience and support while we continue making Caroline Place an even better place to call home.

Wishing everyone a wonderful October!

Nathan Silveira

General Manager

MONTHLY OUTINGS

Ready for an adventure? Our community bus is here to help residents enjoy shopping trips, dining outings, and local events. Please remember that if you sign up for a trip, we are counting on you to attend. Your participation helps us continue offering these enjoyable outings for everyone.

Sign up, show up, and let's have fun together! 🚌😊

Giant Tiger - Oct 5

Burlington Art Gallery - Oct 7

Swiss Chalet - Oct 9

Scenic Drive - Oct 12



Cambridge Butterfly Conservatory - Oct 14

Walmart - Oct 19

Fall Floral Mum Show Gage Park - Oct 21

Walk to Starbucks - Oct 22

Value Village - Oct 23

Shopping & Lunch at Eastgate - Oct 26

Scenic Drive - Oct 28

WELLNESS MESSAGE

Protect against respiratory illnesses. Get vaccinated!

During the respiratory season, influenza (flu), Respiratory Syncytial Virus (RSV), and COVID-19 vaccines are available for free. Getting your respiratory vaccines help protect you, your family, and your community.

Fall flu and Covid Clinic
Oct 29th 9:30am-12:00pm
in the Theatre

* If you receive a vaccine from your pharmacy, doctor's office or elsewhere please let the nursing team or front desk know so we can update your medical records.

Stay healthy,

Natalie Sankar- Director of Care



MONTHLY BIRTHDAYS

October Birthdays



Jeanne M. October 2nd

James H. October 4th

Kathleen G. October 12th

Anne T. October 16th

Edna S. October 23rd

Maria M. October 27th

Kathleen M. October 28th

Helena F. October 29th

Happy Birthday to everyone celebrating their birthday, please join us for a birthday celebration on October 23rd at 2:00pm in the Café/Lounge.

NEW PROGRAMS

Welcome Back Glamour Girls

Pumpkin Canvas Painting

Fall Homemade Chilli & Country Music Social

Thanksgiving Craft

Kiwanis Monday Night TV BINGO

Halloween Costume Contest

All Program Date & Times are listed on the Monthly Calendar

SUMMER HIGHLIGHTS

Goodbye Summer, Hello Fall!

Before we turn the page, let's revisit the sunshine, smiles, and special memories that made this summer unforgettable.



SUMMER HIGHLIGHTS

