



W E L C O M E

October

Happy October, everyone!

Fall is here, bringing colourful leaves, cooler days, cozy treats, and lots of opportunities to spend time together.

We have another exciting month ahead filled with music, social gatherings, creative activities, delicious treats, Halloween fun, and some new program ideas.

Thank you to everyone who continues to attend our Resident Meetings and share suggestions with us. Your feedback helps us plan programs that you enjoy and look forward to.

We hope to see you at our October activities!



October Highlights

October 1 – International Coffee Day

October 2 – Karaoke with Brant

October 9 – Volunteer Appreciation

October 12 – Thanksgiving

October 16 – Apple Treats & Country Classics

October 20 – Resident Meeting with Recreation Manager

October 23 – Pumpkin Carving

October 24 – Pumpkin Decorating

October 26- 10 am – 8 pm Toronto Municipal Election

October 29 – Halloween-Themed Birthday Party & Elvis Show

October 30 – Pumpkin Spice Muffin baking Workshop

TUCK SHOP

Small Items. Big Convenience! ♥

Everyday
Essentials
Here!

	Toilet paper	\$1.50
	Toothbrush	\$1.85
	Toothpaste	\$2.00
	Tissue box	\$1.50
	Soap bar	\$1.50
	Chocolate bar	\$1.50
	Pop	\$1.00
	Water	\$1.25

To purchase any items, please come and see the **Recreation Manager**.

Thank you! 😊

Stock up
and stay
prepared



Happy October Birthdays!



Gloria Farr — October 20

Anne Kaskens — October 18

Marion Hutchison — October 29

Joan Jones — October 20

Jean Rogers - October 04

October Bus Trip Schedule

October 5 — Rama Gaming Club

October 12 — No Bus Trip —

Thanksgiving Holiday

October 19 — Walmart

October 26 — Rosetta Garden

Brain Boosters

1. Which Roman emperor gave his name to the month of August?
A) Julius Caesar
B) Augustus Caesar
C) Nero
D) Claudius
2. Which country gifted the Statue of Liberty to the United States?
A) England
B) Italy
C) France
D) Spain

Riddle Me This

I have cities but no houses,
forests but no trees, and water
but no fish. What am I?

Answer: _____

The more you take away from
me, the bigger I become. What
am I?

Answer: _____

Fall Word Scramble

Unscramble these autumn words:

1. NPKIPUM → _____
2. PPAEL → _____
3. VSEALE → _____
4. NROC → _____
5. TRHAEVS → _____

How Many Words Can You Make?

Using the letters in:

THANKSGIVING

Try to make at least 10 different words.



In September, we created some wonderful memories together! We celebrated Grandparents Day with a fantastic Elvis Show, filled with music, smiles, and fun. Our residents also enjoyed a lovely lunch outing at the Toronto Hunt Club, sharing delicious food, great conversation, and quality time together. It was a month filled with laughter, friendship, and memorable moments! ❤️



September was a wonderful month at RSBL, filled with fun activities and special moments! Residents enjoyed a warm Meet & Greet with our Director of Care, a delicious and hands-on Apple Tart Baking Workshop, and a heartwarming visit from Pawsitively Pets, which brought plenty of smiles and joy. Thank you to everyone who participated and helped make September so memorable!



Answers

Trivia

1-B | 2-C | 3-C

Riddle Me

A Map

A Hole

Fall Word Scramble

- NPKIPUM → PUMPKIN
- PPAEL → APPLE
- VSEALE → LEAVES
- NROC → CORN
- TRHAEVS → HARVEST



Walking Together for a Great Cause!

On Sunday, September 27, members of the RSBL Management Team proudly participated in the 2026 Walk or Run for Georgetown Hospital, completing a 5 km walk in support of the LEV Team and Georgetown Hospital Foundation.

It was a wonderful opportunity to come together with colleagues from LEV and Lev Senior Living to support a meaningful cause and our wider community.

We are proud to have represented Retirement Suites by the Lake and to have taken part in such a great initiative!